

# CALIFORNIA FEDERATION OF WOMEN'S CLUBS CLUB AWARD ENTRY COVER SHEET

# Annual Reporting January 1-December 31, 2022

| Chairman: Nora Gorton  | Club: GFWC Woman's Club of Cypress |         |
|--|------------------------------------|---------|
| Number of Members (from CFWC Yearbk): 95   | District: Orange                   | Area: C |
| Club Position: Chairman Civic Engagement & Outreach                              |                                    |         |
| Reporter's Address   |                                    |         |
| City   | State:                             | Zip     |
| Email:   | Phone                              |         |
| CIVIC ENGAGEMENT & OUTREACH  |                                    |         |
| Name of GFWC Special Program, Community Service Program, Advancement Plan or ESO |                                    |         |

The GFWC Woman's Club of Cypress has contributed time, talent, and funds to help the community for 56 years. Located in the northwest corner of Orange County, the club provides service and philanthropic opportunities for our membership, including dozens of members who mark either 50, or more than 25 years of membership, multiple past-presidents, and new members each year. Members range in age from 35 to 94 years. The majority are retired and able to be actively involved, with the experienced members mentoring those who are newer or working, helping them to get involved however possible. In addition to financial donations, members volunteer hundreds of hours working on vital projects that impact our local, national, and global communities. Our members are motivated, compassionate, creative, civic-minded, infinitely generous, and grateful to give back to others.

Project Title: Cypress College Foundation VRC Hours: 71 Donated: \$25,000 In-Kind: \$310 Page Betar, a member who passed away in 2017, left money to our club as part of her estate. As she was a military veteran, with a nursing background, we have tried to honor her by providing scholarships to nursing students and other interests she had. This year we donated \$25,000 to Cypress College Veterans Resource Center to name an outdoor patio in her honor. The patio has signage that says — In honor of Page Betar, WAC, member of GFWC Woman's Club of Cypress. A reception was held at the college to unveil the signage with participation by the Cypress Mayor and College Director. A great memory that will last forever.

Project Title: Coupons & Comics Hours: 150 Donated: 0 In-Kind: \$100 During 2022, our club continued a project called "Coupons and Comics for the Military." The Sunday color comics are collected by members and their friends, and then sent to an organization called For the Troops (FTT) to be included with care packages sent to our troops. Over the year, our members collected more than 800 color comic sections of the Sunday newspaper. Another local Woman's Club collects comics to give to us to include with our donation.

Project Title: 2022 Veterans' Holiday Buddy Boxes Hours: 164 Donated: \$532 In Kind: \$4,430 The Veterans' Day Buddy Box project provides patients at the Community Living Center (CLC) on the premises of Long Beach Veterans' Hospital with a box filled with requested items. This is the eleventh year that our club has delivered buddy boxes. This year we chose to honor them on Veteran's Day (instead of Christmas). Some Club members voluntarily fill a box provided by the Woman's Club, or donate cash toward filing one. Our local Home Depot generously donated the boxes. A list of items was provided for each box, such as travel size toiletries, deck of cards, mini flashlight, socks, word puzzles/pen, and puzzles (est. value of \$47 each). We also provided baseball caps and a few new sweaters/jackets donated by a member. Also, at the request of the CLC, we provided laundry detergent, back scratchers, wheelchair pouches, and art supplies: watercolor and acrylic paints, paint brushes, trays, paper, crayons/pens, color

by number books, and wooden ornaments. Our club had 32 members who filled 62 boxes and 16 members who helped tie ribbons on the boxes. The members of the Woman's Club of Artesia-Cerritos generously participated by providing: chess and checker board sets, lap blankets, wheel chair pouches, and back scratchers.

## Project Title: Women Veteran's Health Program Hours: 4 Donated: \$950 In Kind: \$225

The Women Veterans Program manager at the VA Hospital in Long Beach wanted to promote Breast Cancer Awareness education by providing an incentive to women veterans to receive their mammography screenings in October for Breast Cancer Awareness month. Due to the high cost of gas, the manager suggested gasoline gift cards. Our club provided 47 \$25 gasoline gift cards and the American Legion Auxiliary Unit 295 in Cypress joined us and provided 40 gift cards. This ensured that 87 veterans received this incentive to make this first Breast Cancer Awareness event at the VA very successful.

#### Project Title: Quilts of Valor Hours: 10 Donated: \$200 In Kind: \$0\_

Five members of the Women's Club of Cypress coordinated a guest speaker for our November meeting who was a Navy veteran. She spoke about her 4 years deployed in the Navy and her many experiences during her deployment. After her presentation, she was honored to receive a Quilt of Valor from a member of the National Quilts of Valor organization to acknowledge her service and dedication. Also, members of our club arranged with the Cypress Senior Center for 10 veterans to receive Quilts of Valor at their Veteran's Luncheon. Most of the veterans were from World War II and were honored to be appreciated at the event.

#### Project Title: <u>Valentines for Veterans</u> Hours: <u>4</u> Donated: <u>\$0</u> In Kind: <u>\$15</u>

To celebrate Valentine's Day this year, dozens of members of our club participated in a project to send handwritten Valentine's Day cards of encouragement and support to our veterans at the Long Beach Veterans Hospital. Our members wrote cards which were collected and then distributed by hospital staff.

# Project Title: Cypress Police Foundation/Open House Hours: 32 Donated: \$450 In Kind: \$300

We love our local Police Department and having the opportunity to participate in their annual Open House. This year we stepped up our presence by not only having a booth providing ice-cold water and candy, but we rented a popcorn machine and gave away bookmarks which had our club information, including when we meet and how to contact us. The popcorn and water were a hit and brought hundreds of visitors our way, many of which we could tell them about our club. We also had a friend of one of our members from the Philippines who volunteered to make popcorn during the day. Having a presence gave us increased visibility with the community, including Cypress city leaders. We had 14 members who staffed the booth. Members donate \$200 cash to purchase water and one member donated the popcorn machine rental for \$100. Our members feel that the Cypress Police is a valuable asset to our city and voted to join the Cypress Police Foundation a non-profit, to better provide support for our policemen. In addition to joining the foundation, a donation of \$300 was made.

### Project Title: Cypress Champions Baseball Hours: 29 Donated: \$4,300 In Kind: 0

Cypress Champions Baseball is one of our President's Projects. The program provides special needs individuals, ages 4 to 40, the opportunity to play the all-American game of baseball for free. This is the 2<sup>nd</sup> year we've supported this program and realized how the pandemic had affected donations. To help support the program to continue to provide the program for free, we kicked off the year by donating \$500 in cash to go toward expenses. We also purchased 53 new baseball bats (15 were provided in 2021), completing our goal to replace all their worn-out bats. This spring the program had an increase of 70 players, making a total of 190. Eight of our club members watched a spring game and came away proud of what we did for the program. We were able to do this by having a Bunco Fundraiser where we raised over \$500, used \$1,000 of funds from our philanthropy budget, cash donations from our members and negotiating with Play It Again Sports to buy new equipment at 30% of retail.

#### Project Title: Crime Survivors Hours: 50 Donated: \$4,000 In Kind: \$19,360

Crime Survivors is an organization that helps victims of violent crime, mostly women and children. The organization provides hope and healing through their holiday events, counseling services, contributions of diapers, clothing, gift certificates, and much more. Our club donated funds raised from QuarterMania, Fall Flower Arranging Night, and 4,000 Holiday Cards exchanged between our members. The holiday card exchange is a special program in which our members provide cards for other members, and pay the club .25/card. Cards are separated into bags for each member, then the bags are delivered by club volunteers. It's a great feel-good program that is a fundraiser and a friendraiser. Also, a large donation of 550 items of clothing were donated by a Lularoe rep to help victims of violent crime.

### Project Title: <u>Helping Other People Everyday (H.O.P.E.)</u> Hours: <u>350</u> Donated: <u>\$0</u> In Kind: <u>\$1,450</u>

Helping Other People Everyday (H.O.P.E.) is a non-profit community service organization founded in 1976. Volunteers run this service out of St. Irenaeus Catholic Church in Cypress. Needy individuals and families are helped by receiving food, gas cards, bus passes, hygiene items, motel stays, utility help and rental money. Through this year 102 Woman's Club of Cypress members have donated sample sizes of soap, shampoo, conditioner, lotion, toothbrushes, toothpaste, and other hygiene items. Over 1000 items were collected from our generous club women.

During the Christmas holidays, H.O.P.E. provides approximately 250 Christmas baskets to the needy. Woman's Club of Cypress donated over seventy-five cake mixes and frostings that will be included in these baskets.

## Project Title: Adopt-a-family Hours: 8 hours Donated: \$1,000 In Kind: \$50

Adopt-a-Family at this holiday time was a huge success. Through members contributions and funds from other fundraising opportunities we were able to purchase four Walmart Gift Cards valued at \$250 per card. These were given to four families in need as recognized by the Cypress Senior Center. The families were overwhelmed and we made their holiday a little better.

#### Project Title: City of Cypress Salute to America Hours: 36 Donated: \$1,198.69 In Kind: \$25\_

The City of Cypress hosts an annual Salute to America at Cypress College near 4<sup>th</sup> of July. This year the Woman's Club of Cypress was a sponsor and donated \$1,000 to have a booth, a banner displayed at the event, and special recognition on the PA system. This event attracts thousands of people, and our booth had many visitors. We provided club information, as well as had a Game Wheel for a chance to win candy or a patriotic prize. We had 16 members volunteer to staff the booth at different times and we received a significant amount of visibility within our community. All our volunteers and their families had VIP access to seating to watch the fireworks show. A wonderful community event and networking for our members and their families.

#### Project Title: Cypress Women's Conference Hours: 327 Donated: \$1,170 In Kind: \$1,050

The City of Cypress hosted their 8<sup>th</sup> annual Women's Conference, and it attracted 200 women from the city and surrounding community. The conference had two guest speakers and a three-person panel, all talking about their career, personal decisions, etc. It was an inspiring event with 36 of our members in attendance. The city asked for participants from our club to be part of the planning committee. With that, we helped coordinate the guest speakers and vendors for the event. We hosted a Woman's Club table so participants could ask questions about our club. We also displayed our banner highlighting our club strategy and our accomplishments. Orange District leadership also were part of our table. From the engagement with our members, we had at least three members who joined following the event, including one Cypress College student who was motivated to learn more about how she can get involved in the community. Each participant paid \$20, and the Woman's Club had two members who donated bags/pens from their businesses as part of the handouts. The Woman's Club also donated a \$50 basket for the opportunity drawing. Following the event, we had the local Event Newspaper cover the conference and provided KUDOS to the Woman's Club for their leadership. Great visibility in our community.