



CALIFORNIA FEDERATION OF WOMEN'S CLUBS
CLUB AWARD ENTRY COVER SHEET
Annual Reporting January 1-December 31, 2022

Chairman: Susan Ritschel		Club: San Clemente Woman's Club	
Number of Members (from CFWC Yearbk): 45		District: Orange	Area: C
Club Position: Dean/First VP			
Reporter's Address [REDACTED]			
City [REDACTED]		State [REDACTED]	Zip [REDACTED]
Email [REDACTED]		Phone [REDACTED]	
Health & Wellness			

The SCWC is a non-profit organization established in 1931 by a group of San Clemente women who wanted to support a local soup kitchen during the depression and has evolved into a registered service club as part of the General Federation of Women's Clubs. GFWC remains one of the oldest and largest woman's volunteer organizations in the world with over ten million members worldwide in more than 40 countries. We are a non-profit, non-political, and non-sectarian organization.

Our purpose is to work constructively and harmoniously for the promotion of philanthropic, civic, cultural and education interests, as well as the general advancement of the San Clemente community. With nearly 50 members and growing, the SCWC has and is continuing to make meaningful and recognized contributions throughout all areas of the local community and beyond.

Project Title: San Clemente Senior Center and Meals on Wheels Hours: 170
Donated: \$ 2,000 In Kind: \$0

The Dorothy Visser Senior Center is operated by Age Well Senior Services. The center has a fitness room, holds classes and programs, offers daily hot lunches within its San Clemente center, and provides special services in support of local seniors. The SCWC donated \$2,000 to the Dorothy Visser/San Clemente Senior Center for the needed upgrade of exercise equipment in their health and wellness gym.

Additionally, club members volunteer to drive and deliver Meals on Wheels three out of four Thursdays of each month throughout the year. Members meet at the San Clemente Senior Center to pick up the meals and route, and deliver to each recipient. This service provides not only nutritious meals for homebound seniors in the area, but a human outreach, connection and smile each time a meal is delivered. Volunteers also monitor seniors for any signs of distress or change in condition or other needs during each delivery. This invaluable service and opportunity for club members to participate brings joy to all involved.

Project Title: FAM – Diapers, School Supplies and Holiday Adopt-A-Family program (2 projects) Hours: 25 Donated: \$3,469 In Kind: \$0

FAM is a charitable non-profit alliance based in San Clemente. Originally known as Family Assistance Ministries, FAM assists those in need with food, shelter, and personalized supportive counsel and aid, and coaches people on how to participate in the journey from dependency to self-reliance. Their unique model focuses on root cause issues delivering long-term results.

For the past several years, SCWC has provided support to FAM by donating diapers. In fact, over 8,000 diapers were supplied by our club last year, with deliveries scheduled quarterly! In addition, when school resumed this past fall, the club donated 30 graphing calculators, in addition to other requested school supplies, for needy children/teenagers and their families.

Our club also supplied holiday gifts for a total of six families and 13 children identified by FAM. Club members met to purchase the requested gifts, then wrapped and delivered them to FAM for distribution to the families.

Lastly, club members collected and donated 100s of egg cartons to FAM for their use in egg distribution to individuals and families in need of food/nutrition support.

Project Title: Surf and Turf Therapy saddle donation Hours: 5 Donated: \$2,000 In Kind: \$0

Surf and Turf Therapy is a non-profit organization that provides therapy services targeting traditional, functional goals using non-traditional approaches, including surfing, horseback riding and community-based activities. These unique approaches offer unparalleled opportunities to address deficits in strength, stability, body awareness, coordination, safety awareness, tone management, flexibility, attention and sensory integration. The focus of treatment is to improve daily life skills, such as walking, postural alignment, talking, and writing, for individuals with physical and/or functional/cognitive deficits.

In 2022, the SCWC donated \$2,000 for the purchase of a new saddle for use in the horseback riding therapy area.

Project Title: SmileMakers Hours: 22 Donated: \$1,500 In Kind: \$0

SmileMakers is a program under the auspices of the Council on Aging. During the holidays, they strive to fulfill holiday wishes for older and disabled adults in our community. SmileMakers mobilizes community support to provide holiday gifts to older and disabled adults in skilled nursing and residential care facilities every year. Thousands of older adults are isolated and alone, having no family and friends with whom they can share special moments like the holidays. SmileMakers coordinates with local ombudsmen to provide individually wrapped gifts to thousands of long-term care residents who would otherwise be forgotten.

The SCWC donated \$1,500 to the SmileMakers program last year, as well as encouraged individual club members to purchase requested gifts to have sent to the organization for delivery to the recipients. In addition to our club monetary donation, a total of 16 individual SCWC

members purchased gifts to be delivered to a total of 26 individuals in our local area residing at the Capistrano Beach Care Center and CK Home/Neptune in Buena Park. We were so grateful to have been able to help many of these individuals during this holiday season!