

# CALIFORNIA FEDERATION OF WOMEN'S CLUBS CLUB AWARD ENTRY COVER SHEET

## Annual Reporting January 1-December 31, 2022

Chairman: Alicia DeLaLuz	Club: Woman's Club of Fullerton	
Number of Members (from CFWC Yearbk): 70	District: Orange	Area: C
Reporter's Address: Club Address		
City	State	Zip
Email:	Phone:	
HEALTH & WELLNESS		

The Woman's Club of Fullerton is an organization full of pride and history. We are extremely proud of the fact that we have been in operation for 120 years since November of 1902. Our mission is dedicated to uniting women of all ages for community service, supporting charitable organizations, fostering friendships and empowering women through learning about the community around us. The Woman's Club of Fullerton resides in a city of 143,617 community members.

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### Project Title Homeless Intervention Services Hours 4 Donated \$1,000 In-Kind

Homeless Intervention Services of Orange County ("HIS-OC") provides care meeting the unique needs of the homeless and impoverished individuals, students, and families. On September 7<sup>th</sup>, 2022, The Woman's Club of Fullerton and Ocean Subaru of Fullerton presented twenty-six sheet sets, along with matching mattress pads, to Lisa Scarsi at HIS-OC. The sheets will help our Transitional Housing Program for homeless families. They work with families who are in the reunification stages with their children. Helping the parents heal and assisting the family reunify is a complex and essential job. They are committed to assisting homeless families to achieve stable, permanent housing and financial independence. Their 54-bed transitional housing program is designed to successfully transition homeless families with children off the streets and into safe, permanent housing.

**Project Title Wound Walk for OC Residents Hours 4 Donated In-Kind \$750** Wound Walk for OC Residents is a community-based volunteer team of medics, doctors, and nurses who provide direct, hands-on support to Orange County residents that don't have access to medical and trauma care. In Support, our club WCOF and Ocean Subaru presented \$750 dollars' worth of medical equipment that included 2 of the 02/pulse monitors, and 2 of the Kardia Mobile 6-lead heart monitors.

#### Project Title Hiking Friends OC Hours 400 Donated In-Kind

It's tough to get all the exercise we need but hiking with friends is fun, who can pass up fun and health benefits at the same time? Our members have formed a hiking club that meets a few times a week, through our Facebook group Hiking Friends OC Club we are able to coordinate and actively encourage members to participate in our hiking club. Our hiking club has an intermediate hike and an advanced hike, the hikes range from 1.5 hours to 5 hours. The club hikes in Orange County and surrounding areas, we actively hike at Juanita Cook Trail, Nora Kuttner Recreation Trail, West Coyote Hills Trail, and various other trails. Some of our hikes are themed hikes as members dress for the upcoming holiday or a selected themed occasion. The hikes are very energizing and fun, some hikes start with a bit of yoga that's led by a volunteer instructor. Our hiking club aims to focus on Health while also making it fun and energetic!

#### Project Title MOMS OC Bus Passes Hours 4 Donated \$750 In-Kind

The Woman's Club of Fullerton and Ocean Subaru of Fullerton presented \$750 to MOMs Orange County for bus passes for mothers in need. The bus passes will be used for mothers who need transportation to doctor appointments, to the market, and to other errands that are necessary. The passes were bought from OCTA and are monthly passes. MOMS Orange County provides a variety of services for mothers including a class on nursing, a Mommy & Me bonding class, therapy, and lots of inventory including diapers, formula, car seats, and blankets. It's a place for mothers (50% are single parents and 90% are below the poverty line) to learn how to be mothers, make friends, and learn about the resources available to them.

Project Title Spoofdawg to the Rescue Hours 4 Donated \$2,800 In-Kind \$1,500 Woman's Club of Fullerton met with Ocean Subaru of Fullerton to present and donate to Spoofdawg to the Rescue, Inc., the donation included a check for \$1,500, a variety of gift cards, and pet food that totaled \$2,800. This will be used to support, feed, and fund the spaying and neutering of rescued cats and dogs within our community. Darcie from Spoofdawg expressed her thanks to both the Woman's Club of Fullerton and Ocean Subaru for this donation. Our club was very thankful to the Ocean Subaru of Fullerton for allowing us to support non-profits in our communities as events like spoofdawg are always very heartwarming and rewarding.

**Project Title** Hand Sanitizer Distribution Hours 4 Donated In-Kind \$500 Four of our members from the Women's Club of Fullerton distributed hand sanitizer donated by Target to community members at the City of Fullerton's Arbor Day event on April 16<sup>th</sup>, 2022. The donation was much appreciated by the community to help prevent germs from spreading and avoid spreading infections. There has been a high demand for hand sanitizer and the generosity of Target was much appreciated to help keep the community healthy and safe.