



**CLUB AWARD ENTRY FORM**  
Annual Reporting January 1-December 31, 2019 Program

Prepared by: Beverly Thomson		Club: Woman's Club of Fullerton
Number of Members in Club (as according to the CFWC Yearbook): 60		
Reporter's Address: [REDACTED]		
Club Position: Focus on Health	CFWC Area: C	
City: Rowland Heights	State: CA	Zip: [REDACTED]
Email: [REDACTED]	Phone: [REDACTED]	

**HOMELIFE**

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The Woman's Club of Fullerton is an organization full of pride and history. We are extremely proud of the fact that we have been in operation since November of 1902. Our mission is dedicated to uniting women of all ages for community service, supporting charitable organizations, fostering friendships and empowering women through learning about the community around us. The Woman's Club of Fullerton resides in a city of 135,161 community members. Since our 2007 rebirth, we have grown to 60 members and growing.

Project Title: Mercy House Homeless Program Hours: 50 Donated \$ 0 In-Kind \$ 1,000

The County of Orange along with Mercy House, a nonprofit which provides housing and comprehensive supportive services for a variety of homeless populations which includes families, adult men and women, mothers and their children, persons living with HIV/AIDS, individuals overcoming substance addictions, and some who are physically and mentally disabled, opens a cold weather emergency shelter at the California National Guard Armory in Fullerton. The concept behind the cold weather emergency shelter is to provide limited shelter to those who are homeless as from December 1<sup>st</sup> through March 15<sup>th</sup>. The homeless will receive a nutritious meal, a warm shower, and a safe place to sleep for up to 400 beds. Volunteers will pass out donations of warm clothing, socks and underwear, towels, toiletries and Service Providers from Orange County onsite also offer needed services. The Woman's Club of Fullerton donated \$1,000 in bras, underwear, and socks all in a wide variety of sizes. As well as the donation, 5 members also volunteered their time to help serve them dinner and give them

Clothing items to stay warm. Most of the members said how this experience was so rewarding and that they would love to do it again.

Project Title: Pathways of Hope Holiday Wishes Hours: 50 Donated \$ 2,500 In-Kind \$ 0

On Monday, December 23, 2019, Pathways of Hope held their annual Holiday party for the families and individuals experiencing homelessness. The Woman's Club of Fullerton purchased lots of toys, such as baby dolls, strollers, games for all ages, matchbox cars, puzzles, books, arts and craft kits as well as gift cards to restaurants like Taco Bell, In & Out, and Raising Cane. Gift cards to Wal-Mart were also purchased. These items will serve the holiday wishes of about 33 people who need our love and support the very most. Members also volunteered their time at the Holiday part to help the families pick out their gifts, and then they are taken over to the wrapping station. For many families, especially those who have recently escaped the crisis of homelessness, the holidays can be an extremely difficult time. With a little extra love and support we can make this time special for people in need. What an incredible experience for us all!!!

Project Title: Foster Youth at Monkey Business Café Hours: 25 Donated \$ 1,000 In-Kind \$ 0

One afternoon, 5 club members met at Monkey Business Cafe in downtown Fullerton to donate board games and gift cards for Christmas presents. At Monkey Business Café, their mission is to help young adults establish a work history and gain marketable restaurant and business experience in the restaurant field. The young people learn many different areas of working in a restaurant. The café is a farm-to-table restaurant using fruits and vegetables grown and harvested from the Fullerton Arboretum. The café offers paid employment and life-skills training for approximately 35 young people annually. Their goal is to prepare individuals to successfully transition to permanent employment in the food industry or related field. The club purchased a variety of board games as well as gift cards to McDonalds, Best Buy and GameStop. These gifts will go to the adolescent boys in foster care. We are truly honored that we are able to give these young adults Christmas presents.

Project Title: Christmas Holiday Party Hours: 30 Donated \$ 400 In-Kind \$ 200

On Monday December 9, 2019, our club had their annual holiday party. 38 members and guests sat down at an incredible Italian Restaurant in downtown Fullerton. The food was very good, which consisted of Eggplant Parmigiana, Lasagna, Chicken Piccata and Vegetable Florentine Alfredo. The attendees also brought gifts to participate in our secret Santa Swap. The swap is so much fun to pick a number, then pick a gift and the next person then can either pick a gift or steal from someone else. We always have so much fun and lots of laughs when swapping. We had some incredible vocals from one of our members along with a local pianist. We are truly sisters and always forward to our next holiday party.

Project Title: Hiking Friends Hours: 150 Donated \$ 0 In-Kind \$ 0

The Woman's Club of Fullerton started their focus on health hiking club in 2016, and it continues to be a huge part of our club. The hiking club originally started to help members become healthier by walking and hiking local parks and trails of Orange County. Our Focus on Health Chair spends 6 hours per month updating and marking our Social Media WCOF Facebook page and Facebook group Hiking Friend OC postings for our hiking and yoga events. On average the club had at least 2-4 members on their 1-2 hikes per week. Each hike lasted about 2 hours at a distance of 4-6 miles. We have walked in other local community events proudly wearing our club t-shirts. Using Social Media, we started a Facebook closed Group called "Hiking Friends" on the main WCOF page. This has helped us communicate with one another. The fun thing about this group is we have made so many nice friends with a common goal of fun, health and fitness in mind. In addition we have gained new members to the club. Our Health Chair estimates that they have walked about 250 miles this year from January to December.

Project Title: Runfully Teen Cancer America Hours: 18 Donated \$ 115 In-Kind \$ 0

Ten members of The Woman's Club of Fullerton came together with 8 members of the community to be a part of a global movement to celebrate International Women's Day on March 8, 2019, by hiking to raise funds for Teen Center America on March 8, 9, and 10, 2019. There were others who hiked in Mexico, Indonesia, India, Santa Monica and Hollywood. A 4 mile intermediate hike was done on March 8 on the Laguna Lake/Castlewood trail in Fullerton. On March 9 an 8.5 mile advanced hike was done at Powder Canyon in Hacienda Heights. A 2 mile walk was done at Craig Park in Fullerton on the last day March 10. We had only 1 week of notice to partner with Runfully to be a part of this global week of events. We came together as a club to make it happen and were able to get people involved and raise money. Thus proving the power of women!!

Project Title: Yoga Classes Hours: 180 Donated \$ 0 In-Kind \$ 0

On January 19, 2019 the Woman's Club of Fullerton co-sponsored a wonderful and well attended free yoga event. The class was held in the backyard of a club member in Brea. The backyard was spacious and open and the weather was perfect with a high of 75 degrees and slight breeze. Birds were chirping and flying around. There were about 19 women in attendance and they each said they were relaxed and refreshed after the class. Subsequent classes have been well attended and thoroughly enjoyed each month by women from different walks of life and all had opportunity to meet and make new friends. Each class lasts about 1-2 hours long, after which a light lunch is served. Each month there is a different instructor so there are a variety of styles of yoga instruction to be experienced. The yoga class has proven to be a successful event for our members and community.