



**CALIFORNIA FEDERATION OF WOMEN'S CLUBS**  
**CLUB AWARD ENTRY COVER SHEET**  
*Annual Reporting January 1- December 31, 2023*

Chairman: Cathy Fagen	Club: Rossmoor Women's Club	
Number of Members ( <i>per CFWC Yearbook</i> ): 102	District: Orange	Area: C
Club Position: Helping Hands Chairperson		
Reporter's Address: [REDACTED]		
City: [REDACTED]	State: [REDACTED]	Zip: [REDACTED]
Email: [REDACTED]	Phone: [REDACTED]	
<b>HEALTH AND WELLNESS</b>		

Rossmoor/Los Alamitos and Seal Beach communities have a combined population of 46,860 and take up about 18 miles near the Pacific Ocean coast just inside the North Orange County border. The Rossmoor Woman's Club has been serving the Rossmoor, Seal Beach, Los Alamitos, Long Beach and surrounding areas since March 1958. The Club gives women of all ages a place to foster their talents and friendships while serving the community. We are a very active philanthropic organization contributing to the educational, social, business and cultural life of the community. Our President's message for this year is "No Task is too Small to Make an Impact"

**LONG BEACH RONALD McDONALD HOUSE**

**HOURS: 20      DONATED \$: \$248      IN-KIND \$: 0**

Ronald McDonald House recognizes the need for parents to stay close to their hospitalized child. Caring for the family of a sick child is as important as caring for the child. We are fortunate to have a relationship with the Long Beach Ronald McDonald House and have been serving them for years. We are able to prepare a hot "home cooked meal" for the families of critically ill children who are patients at an area hospital. Families usually stay most of the day at the hospital to see doctors and take care of their ill child. This is sometimes the only hot meal these parents get to sit down and eat at the end of the day. We plan the meal, take the ingredients to the house and prepare it for the families. There is a limited participation, so we usually have 6 of our members donate for this event.

**FOOD FINDERS SORT AND PACK HOURS: 60      DONATED \$: \$50      IN-KIND \$: \$50**

Food Finders is a nonprofit organization that rescues food and distributes it to food-insecure communities. Packing food for needy families is a great way to make a positive impact on our community and recycling food helps to reduce waste. Food Finders gave us the opportunity by having our volunteers involved in sorting and packing. We worked every other month in 2023 with members ranging for 4 to 9 volunteers.

**VIKING VAULT            HOURS: 40    DONATED \$: 0    IN-KIND \$: \$4,015**

Long Beach City College Viking Vault provides disadvantaged students with food and hygiene items. The goal of the program is to make sure every student's basic needs are taken care of so they can focus on their studies and achieve their academic and career goals without having to worry about how they are going to access food, clothing and hygiene items. This year the Rossmoor Woman's Club held two drives. The one held in March was for the collection of food and clothing. The one held in August was for the collection of food, baby needs and hygiene items amounting to \$4,015 just this year to help needy college students who are trying to build a better life for themselves and society. These items were packed in bags and boxes and delivered by cart into the Viking Vault storage facility to help restock their shelves.

**GIRLS LOVE MAIL        HOURS: 50        DONATED \$: 0        IN-KIND \$: 0**

Girls Love Mail is a national charity that collects hand-written letters of encouragement for women newly diagnosed with breast cancer. Letter writing is a way to give back that doesn't take a lot of time or money, and anyone can get involved. It's such a lovely way for everyone to spread kindness.

Girls Love Mail has sent out over 140,000 letters-that's 140,000 women encouraged because one letter goes to one woman. The letters are written by people all over the world and then sent to the organization based in California. They then get them out to patients through 170 cancer centers across the country.

For the month of October, Breast Cancer Awareness month, our club contributed 110 handwritten, heartfelt letters of encouragement. The Helping Hands section of the Rossmoor Woman's Club held a letter writing workshop so interested members could write letters together and share their own personal stories about breast cancer.

**ADOPT-A-FAMILY        Hours: 40        DONATED \$: 0        IN-KIND \$: \$1,800**

WE CARE is the only organization serving Seal Beach, Los Alamitos, Cypress, Stanton, Huntington Beach and Fountain Valley that strives to prevent families from becoming homeless, and has a success rate above 70%. The mission of We Care is to provide a hand up, not a hand out, to enable those in need in our community to avoid homelessness and distributes food through the We Care food pantry. We Care provides an Adopt-A-Family program for qualified clients during the holidays. Close to 200 families are adopted at Christmas and over 3,000 toys are distributed each year to the needy. Rossmoor Woman's Club adopted a single mom with a one year one son. Members contributed gift cards for groceries and retail stores as well as all of the items on their wish list which consisted, in part, some clothing for the Mom and kitchen gloves, knives and bath towels. For the young boy, we gave him a small bike, some pants, pajamas and a soccer ball.

THE YOUTH CENTER The mission of the Youth Center is to transform children's lives one family at a time through collaborative social, educational and recreational programs. The Adopt-A-Family program helps bring joy to families below the US Poverty Guidelines during the holiday season by connecting with generous individuals, businesses and groups. The Rossmoor Woman's Club was matched with a single father who was recently laid off from his job. He has a 13 year old boy and a 9 year old girl. Our members contributed grocery and retail store gift cards as well as all of the items on their wish list which consisted, in part, some Vans for the boy along with sweaters and a PlayStation gift card. For the girl, we were able to provide arts and craft material, roller skates, clothes and shoes.